

Nebraska Food Distribution Processed Commodity Fact Sheet

Name: *Pork, Shredded W/ Barbecue Sauce

Product Code: 5416

Processor: J.T.M. Food Group

Category: Meat and Meat Alternate

Date: 6/6/2005

Description: Shredded cooked pork with BBQ sauce

Pack Size: 104 servings

Storage: Store at 0 degree's F or below

Preparation: Keep frozen until ready to use or can be thawed/tempered in a refrigerator overnight.

Cooking: Place sealed bag in a steamer or in boiling water. Heat approximately 30 minutes or until product reaches serving temperature. Open bag carefully to avoid being burned.

Serving Size: 4.6 oz

Meal Contribution: 2 meat/meat alternate and 1/8 cup vegetable

Nutrition Facts			
Calories:	208.00	Protein:	17.00 grams
Total Fat:	17.00 grams	Carbohydrate:	16.00 grams
Saturated Fat:	6.00 grams	Cholesterol:	55.00 mg
Trans Fat:	grams	Calcium:	44.00 mg
Iron:	1.00 mg	Dietary Fiber:	44.00 mg
Sodium:	920.00 mg	Vitamin C:	6.00 mg
Vitamin A:	496.00 IU		